

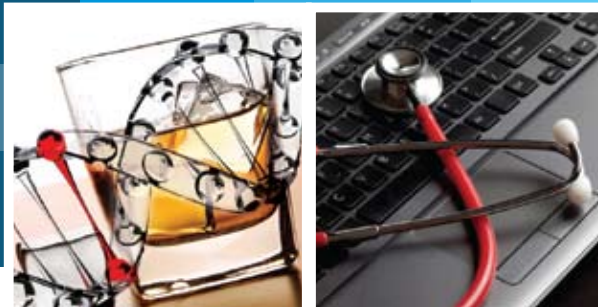
CALIFORNIA SOCIETY OF ADDICTION MEDICINE



Addiction Medicine

STATE OF THE ART 2011

October 12-15, 2011
Hyatt Regency Long Beach
Long Beach, California



Conference Highlights:

- Stress and Addiction
- Health Care Reform: What the Future Holds
- Opiate Receptors: Implications for Treatment
- Technology-Based Interventions
- Cannabis Use Disorders in Adolescents
- The Amygdala, Novelty and Endocannabinoids
- Emergent Drugs of Abuse
- Alcohol Genetics and Pharmacology
- After the War on Drugs: Law, Policy and Treatment

Up to 23
AMA/PRA
Category 1
Credits™

Join Us in Long Beach

CSAM has an enduring tradition of being ahead of the curve in educating addiction medicine physicians in State of the Art science and its clinical applications. Our conference this year features the best and brightest minds in diverse areas to provide you with the latest developments in addiction medicine, improve your clinical practice, and prepare you for the future of Addiction Medicine.

The plenary begins by addressing the interaction of stress and addiction, **Rajita Sinha, PhD** from Yale will examine the latest findings on the neurobiology of stress and addiction and its role in relapse. **David Pating, MD** and **Jeffery Wilkins, MD** will examine the role of acute and chronic stress, co-morbid medical conditions and issues effecting veterans. A panel discussion and case presentation will highlight clinical implications and strategies to translate the science into patient care.

Thursday afternoon will address what clinicians can expect from health care reform, what changes will be required, and help physicians assess their readiness to implement these changes. **H. Westley Clark, MD, JD, MPH**, Director, Center for Substance Abuse Treatment (CSAT) will be a featured speaker.

Our Friday afternoon module will look at the failure of the "war on drugs" and examine efforts toward developing a drug policy based on science - not ideology. We will hear speakers from new, model approaches to addiction and recovery. Among these, **Fátima Trigueiros**, from Portugal will discuss that country's experience in fully decriminalizing drug abuse. Other speakers will discuss an innovative housing first "wet housing" project in Seattle for chronic inebriates, the potential ramification of cannabis legalization and the role of incarceration in drug policy and treatment. The afternoon will conclude with a presentation of CSAM's own proposal for an evidence-based drug policy.

As always, CSAM will also cover the latest research in the addiction field. Among our speakers will be **Francis Vocci, PhD** on medications in the pipeline and the latest on kappa opiate receptors. **Timmen Cermak, MD** on the amygdala, novelty and the endocannabinoid system, **Paula Riggs, MD** on cannabis use disorders in adolescents and young adults, and **Silas Wheelock Smith, MD** on emerging drugs of abuse.

As usual CSAM offers pre-conference workshops on selected topics including motivational interviewing, advanced topics in buprenorphine treatment, and clinical master classes with experts on adolescent treatment (**Paula Riggs, MD**) and pain and addiction (**Scott Fishman, MD**). **Garrett O'Connor, MD**, always provocative and entertaining, will deliver the Thursday evening dessert lecture on "A Life in Addiction Medicine."



David Kan, MD, Conference Chair; Medical Director, Opiate Replacement Therapy Clinic, San Francisco VA Medical Center; Assistant Clinical Professor, UC San Francisco



CONFERENCE PLANNING COMMITTEE

David Kan, MD, Chair
Anthony Albanese, MD
Peter Banys, MD, MSc
Timmen Cermak, MD
Itai Danovitch, MD
Lori Karan, MD
Monika Koch, MD
Jean Marsters, MD
Judith Martin, MD
Karen Miotto, MD
David Pating, MD
Matthew Torrington, MD

WHO SHOULD ATTEND

- Addiction medicine specialists who want to get an overview of the latest developments in the field, and their relevance to clinical practice
- Primary care physicians who want to get a better understanding of addiction treatment in order to deal effectively with addicted patients they see in their practice
- Public health officials who want an understanding of the current state of addiction treatment
- Non-physicians who are involved in the treatment of addicted patients

INFORMATION

For more information, or to request additional copies of this brochure, contact: California Society of Addiction Medicine
575 Market Street, Suite 2125
San Francisco, CA 94105
ph: 415/764-4855 fax: 415/764-4915
csam@compuserve.com
www.csam-asam.org

“ The scientific research presented was fantastic. I learned several clinical techniques each worth the price of admission. And I met colleagues who were as interesting and informative as the talks! ”

— Manya B. Helman MD

Pre-Conference Workshops (additional fee)

Wednesday, October 12

Full Day Workshops (8:30 am to 5:00 pm)

Optimizing office-based buprenorphine treatment

The goals of this course are to optimize buprenorphine treatment in the primary care office, communicate relevant information about preparing for DEA inspections, identify resources for buprenorphine prescribers, including the Physician Clinical Support System (PCSS), review strategies to prevent diversion and identify new buprenorphine formulations. It will also provide an update on the latest advances in opioid receptor biology and implications for treatment.

Karen Miotto, MD, Workshop Chair; Director, UCLA Addiction Medicine Service, Clinical Professor, David Geffen School of Medicine, UC Los Angeles

H. Westley Clark, MD, JD, MPH, Director, Center for Substance Abuse Treatment (CSAT)

Denise Curry, Deputy Director, Office of Diversion Control, Drug Enforcement Administration

John Mendelson, MD, Senior Scientist, California Pacific Medical Center Research Institute, San Francisco

Elinore McCance-Katz, MD, PhD, Professor of Psychiatry, UC San Francisco

Matthew Torrington, MD, Addiction Medicine Research Physician, UCLA Integrated Substance Abuse Programs/ Friends Research Institute

Motivational interviewing for busy clinicians

This workshop will review and teach highly effective motivational interviewing (MI) tools for harmful alcohol and drug use as well as behavior change in general medical and addiction medicine practices. Emphasis will be on small group learning and mentored clinical skills, providing feedback to learners with different levels of familiarity and experience. Participants and mentors will be challenged with examples of clinical resistance.

Maureen Strohm, MD, Workshop Chair; Family Medicine Residency Director, Eisenhower Medical Center, Rancho Mirage

Sharone Abramowitz, MD, Director, Behavioral and Addiction Medicine, Primary Care Medicine Faculty, Alameda County Medical Center (UCSF Affiliate)

Steven Eickelberg, MD, President, Medical Education and Research Foundation (MERF); Psychiatrist in private practice, Paradise Valley, AZ

Thomas Freese, PhD, Director of Training, UCLA Integrated Substance Abuse Programs

Sean Koon, MD, Chief of Addiction Medicine, Kaiser Fontana

Julie Nyquist, PhD, Professor, Division of Medical Education, Keck School of Medicine

Ken Saffier, MD, Contra Costa Regional Medical Center Family Medicine Residency; Clinical Professor, Department of Family and Community Medicine, UC San Francisco

Morning Workshop (8:30 am to 12:00 noon)

Monitoring physician health: mental illness, disruptive behaviors and substance abuse

A review of modern monitoring techniques and technology beyond urine drug testing.

Gregory Skipper, MD, Director of Professional Health Services of Promises Treatment Centers, Malibu, California

Elinore McCance-Katz, MD, PhD, Professor of Psychiatry, UC San Francisco

Terri D. Keville, Esq., Partner, Davis Wright Tremaine LLP

Afternoon Workshops (1:30 pm to 5:00 pm)

Chronic pain — optimizing treatment while mitigating risk: a clinical master class

This will be a practical, interactive workshop designed to answer your most troubling clinical questions. Although opioid analgesics are usually more potent than other classes of analgesics, opioids are ineffective for some patients and can cause adverse physiologic or psychiatric effects in others. Responsible opioid prescribing requires risk management, including assessing patients for abuse risk, identifying and measuring functional outcomes, and monitoring for adverse medication effects.

Scott M. Fishman, MD, Chief of the Division of Pain Medicine and Professor of Anesthesiology and Pain Medicine, UC Davis

Treatment of addiction in adolescents and young adults: a clinical master class

What are the treatment implications of recent advances in addiction research for adolescents and young adults? This practical, interactive workshop is designed to answer your most troubling clinical questions including those involving complex, dual-diagnosis teens. Dr. Riggs will suggest ways for clinicians practicing in a variety of treatment settings to better attract and retain adolescent patients, what the evidence is for the best tools/approaches to introduce in staff trainings, and approaches to implement contingency management systems.

Paula Riggs, MD, Professor of Psychiatry, University of Colorado, Denver

Plenary Sessions

Thursday, October 13

STRESS AND ADDICTION

8:30 am **Welcome and introduction**

David Kan, MD, Conference Chair; Medical Director, Opiate Replacement Therapy Clinic, San Francisco VA Medical Center; Assistant Clinical Professor, UC San Francisco

8:40 am **How stress promotes relapse and jeopardizes recovery: Implications for new treatments in addiction**

Rajita Sinha, PhD, Professor of Psychiatry and Child Study; Director, Yale Interdisciplinary Stress Center, Yale University School of Medicine, New Haven, CT

9:35 am **Stress and medical co-morbidities**

David Pating, MD, Chief, Addiction Medicine, Kaiser San Francisco Medical Center

10:15 am **Break with exhibitors**

10:35 am **Stress, coping, and addiction among returning veterans**

Jeffery Wilkins, MD, Vice Chair of the Department of Psychiatry and Behavioral Neurosciences and Medical Director of Addiction Medicine and Director of Addiction Studies, Cedars-Sinai, Los Angeles

11:15 am **Panel**

12:00 pm **Lunch on your own**

HEALTH CARE REFORM: WHAT THE FUTURE HOLDS FOR ADDICTION PHYSICIANS

1:30 pm **Things will change: health care reform is insurance reform**

David Pating, MD, Chief, Addiction Medicine, Kaiser San Francisco Medical Center

1:50 pm **Presentation of Vernelle Fox Award to David Pating, MD**

2:00 pm **Presentation of the Community Service Award to Harriet Rossetto and Rabbi Mark Borovitz**

2:10 pm **Health care reform: what CSAM physicians need to do NOW**

H. Westley Clark, MD, JD, MPH, Director, Center for Substance Abuse Treatment (CSAT)

2:30 pm **Your future practice: ingredients of health care reform.**

Thomas Freese, PhD, Director of Training, UCLA Integrated Substance Abuse Programs

2:50 pm **Break with exhibitors**

3:05 pm **Am I ready? A case study**

P. Joseph Frawley, MD, private practice of Addiction Medicine and Internal Medicine, Santa Barbara

3:20 pm **Readiness Assessment Panel**

3:40 pm **Three examples of health care reform**

- **Judith Martin, MD**, Medical Director, BAART Turk Street Clinic, San Francisco
- **Sharone Abramowitz, MD**, Director, Behavioral and Addiction Medicine, Primary Care Medicine Faculty, Alameda County Medical Center (UCSF Affiliate)
- **Steven Shoptaw, PhD**, Professor, UCLA Departments of Family Medicine and Psychiatry and Biobehavioral Sciences

4:30 pm **Questions and panel**

5:00 pm **Adjourn for the day**

7:30 pm **Dessert Reception**

(free to registrants and guests)

A Life in Addiction Medicine

Speaker: **Garrett O'Connor MD**, Chief Executive Officer of the Betty Ford Institute



Friday, October 14

8:30 am **Latest research on opioid receptors: implications for treatment**

Francis Vocci, PhD, President, Friends Research Institute, Baltimore, MD

9:15 am **The amygdala, novelty and the endocannabinoid system**

Timmen Cermak, MD, President, CSAM; Psychiatrist in private practice, Mill Valley and San Francisco, CA

9:50 am **Cannabis use disorders in adolescents and young adults: what clinicians need to know**

Paula Riggs, MD, Professor of Psychiatry, University of Colorado, Denver

10:35 am **Break with exhibitors**

10:55 am **When guidelines fail...treating co-morbid, high-risk tobacco addicts**

Linda Hyder Ferry, MD, MPH, Chief, Preventive Medicine, Loma Linda Veterans Affairs Medical Center; Associate Professor, Loma Linda University School of Medicine and School of Public Health, Loma Linda, CA

Plenary Sessions

11:35 am Technology-based Interventions for the Prevention and Treatment of Substance Use Disorders

Lisa Marsch, PhD, Director, Center for Technology and Health, National Development and Research Institute, New York

12:30 pm Lunch on your own

12:30 pm CSAM Annual Business Meeting

AFTER THE WAR ON DRUGS: LAW, POLICY, AND TREATMENT

2:00 pm Treatment and criminal justice intervention: what works?

Michael Prendergast, PhD, Director of Criminal Justice Research Group at the UCLA Integrated Substance Abuse Programs (ISAP)

2:30 pm The project-based housing first approach for chronically homeless individuals with alcohol problems

Susan Collins, PhD, Research Assistant Professor, Department of Psychiatry and Behavioral Sciences University of Washington at Harborview Medical Center

3:00 pm Portuguese drug decriminalization: outcomes

Fátima Trigueiros, Advisor to the Executive Board, Institute on Drugs and Drug Addiction, Portugal

3:50 pm Break with exhibitors

4:10 pm Cannabis legalization: implications for California

Beau Kilmer, PhD, Co-director of the RAND Drug Policy Research Center, Santa Monica, CA

4:35 pm An evidence-based proposal for drug abuse policy

Peter Banys, MD, MSc, Chief of Substance Abuse, San Francisco VA Medical Center, and Clinical Professor of Psychiatry, UC San Francisco

Timmen Cermak, MD, President, CSAM; Psychiatrist in private practice, Mill Valley and San Francisco, CA

4:55 pm Panel with all speakers

5:20 pm Adjourn for the day

Saturday, October 15

8:30 am Medications in the pipeline

Francis Vocci, PhD, President, Friends Research Institute, Baltimore, MD

9:10 am Psychopharmacology of alcoholism: clinical findings, mechanisms of action, and pharmacogenetics

Lara Ray, PhD, Assistant Professor, Department of Psychology and Brain Research Institute, UCLA

9:55 am New medications for hepatitis C

Anthony Albanese, MD, Director, Chemical Dependency Division and Director, Hepatitis C Program, VA Medical Center, Mather, CA; Clinical Associate Professor of Medicine, UC Davis

10:25 am Break

10:40 am Fetal alcohol spectrum disorders, the hidden disability: evaluation and treatment

Mary O'Connor, PhD, Adjunct Professor, Department of Psychiatry at the David Geffen School of Medicine at UCLA

11:10 am Intrauterine abstinence syndrome (IAS) from buprenorphine inductions and methadone tapers: are we ignoring the safety of the fetus?

John J. McCarthy, MD, Executive/Medical Director Bi-Valley Medical Clinic, Sacramento, CA, Assistant Professor of Psychiatry UC Davis

11:45 am Emerging drugs of abuse: a clinical diagnostic and treatment perspective

Silas Wheelock Smith, MD, Assistant Professor, Departments of Emergency Medicine, New York University School of Medicine

12:30 pm Adjourn

“ I find CSAM to be predictably the best annual addiction medicine conference I attend. The small size and overall friendliness of the attendees and speakers encourages new colleague development. ”

— Karen L. Weisman, MD, MPH

CREDIT

Physicians: The California Society of Addiction Medicine (CSAM) is accredited by the Institute for Medical Quality/California Medical Association to provide continuing medical education for physicians. CSAM takes responsibility for the content, quality and scientific integrity of this CME activity.



CSAM designates this educational activity for a maximum of *23 AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

Family Physicians: Accreditation is pending from the American Academy of Family Physicians.

Psychologists: The California Board of Psychology accepts CME courses accredited by the California Medical Association for continuing education credit. In other states, where requirements vary, psychologists should check with their state board.

Therapists: This course meets requirements for up to 23 hours of continuing education credit for MFTs, MFCCs and LCSWs as required by the California Board of Behavioral Sciences. The provider number is PCE3447.

Drug Abuse Counselors: CSAM has been approved as California Association of Drug Abuse Counselors Education Provider #4C-05-415-0411. All applying for CAADAC credit should report their hours directly to CAADAC.

Nurses: The California Board of Registered Nursing recognizes Category 1 CME for RN license renewal purposes. Nurses may report Category 1 CME on a one-to-one basis. Write Category 1 CME in place of a provider number when reporting credits.

Physician Assistants: The American Academy of Physician Assistants and the NCCPA accept Category 1 Physician CME on a one-for-one basis.

EDUCATIONAL OBJECTIVES

A complete list of educational objectives for this course appears on the conference website at www.csam-asam.org.

Upon completion of this course participants should be able to:

- Recognize and treat chronic and acute stress in addicted patients;
- Conduct a readiness assessment for health care reform to different practice settings;
- Recognize and treat cannabis use disorders in adolescents and young adults;
- Incorporate the American College of Chest Physicians ToolKit (2010) into assessment and treatment plan for smokers with co-morbid addictions;
- Recognize new drugs of abuse including kratom, spice and bath salts.

TWELVE-STEP/MUTUAL HELP MEETINGS

These will be held every day during the conference at 7:30 am and 9:00 pm.

HOTEL AND LOCATION

The conference hotel is the Hyatt Regency Long Beach located at 200 South Pine Avenue, Long Beach, CA 90802. A limited number of rooms are available at the conference rate of \$169 per night for single or double rooms until September 19, 2011. After this date, the hotel may offer any remaining rooms at the prevailing rate.

To make reservations, phone 800-233-1234. Identify yourself as a CSAM registrant to receive the conference rate. Rooms can also be booked online at www.csam-asam.org.

The hotel is located 18 miles from Los Angeles International Airport and 8 miles from Long Beach Airport. Taxi and shuttle services are available from both airports.

The Hyatt Regency Long Beach hotel sits at the edge of Long Beach's beautiful Rainbow Harbor. The hotel features breathtaking views from all guest rooms, and is just steps away from the area's major attractions: beaches, the Aquarium of the Pacific, the Queen Mary, Pine Avenue shops and restaurants, Shoreline Village and The Pike at Rainbow Harbor. Enjoy championship golf courses or take a ferry to Catalina Island. Long Beach is located centrally to famous Southern California landmarks and amusement parks — including Disneyland and Knott's Berry Farm — only 30 minutes away.



Save the date:

Addiction Medicine Review Course 2012

September 5-8 2012, San Francisco

ADDICTION MEDICINE STATE OF THE ART 2011

October 12-15, 2011, Long Beach, CA Register on-line at: www.csam-asam.org

Name: _____ Degree: _____
Position: _____ Organization: _____
Address: _____
City: _____ State: _____ Zip: _____
Phone: _____ Fax: _____
Email: _____ Specialty: _____

PRE-CONFERENCE WORKSHOPS: WEDNESDAY, OCTOBER 12 (additional fee)

FULL-DAY WORKSHOPS (8:30 AM – 5:00 PM)

- Optimizing office-based buprenorphine treatment
- Motivational interviewing for busy clinicians

MORNING WORKSHOP (8:30 AM TO 12:00 NOON)

- Monitoring physician health: mental illness, disruptive behaviors and substance abuse

AFTERNOON WORKSHOP (1:30 PM – 5:00 PM)

- Chronic pain: optimizing treatment while mitigating risk
- Treatment of addiction in adolescents and young adults

ADDICTION MEDICINE REVIEW COURSE: THURSDAY, FRIDAY, SATURDAY OCTOBER 13-15

Three-Day Registration One-Day Registration: (select days) Thursday Friday Saturday

FEES

	Half-day pre-conference workshop on Wednesday (per workshop)	Full-day pre-conference workshop on Wednesday	3-day registration (Thurs. through Sat.)	1-day registration Thurs. or Fri. (per day)	1-day registration Saturday
CSAM/ASAM Member	<input type="checkbox"/> \$120	<input type="checkbox"/> \$240	<input type="checkbox"/> \$595	<input type="checkbox"/> \$240	<input type="checkbox"/> \$120
Non-Member Physician	<input type="checkbox"/> \$140	<input type="checkbox"/> \$280	<input type="checkbox"/> \$695	<input type="checkbox"/> \$280	<input type="checkbox"/> \$140
Non-Physician	<input type="checkbox"/> \$120	<input type="checkbox"/> \$240	<input type="checkbox"/> \$595	<input type="checkbox"/> \$240	<input type="checkbox"/> \$120
Resident or Fellow	<input type="checkbox"/> \$50	<input type="checkbox"/> \$100	<input type="checkbox"/> \$250	<input type="checkbox"/> \$100	<input type="checkbox"/> \$50
Medical Student	<input type="checkbox"/> \$20	<input type="checkbox"/> \$40	<input type="checkbox"/> \$75	<input type="checkbox"/> \$30	<input type="checkbox"/> \$15

PAYMENT:

(There is a \$50 fee for on-site registration. Payment in U.S. funds must accompany registration.)

Check Payable to CSAM -OR- Charge VISA Mastercard AMEX

Name on Card: _____

Signature: _____

Card#: _____ Exp: _____

credit card identification number _____ (Three digit number on back of card for MC/Visa, Four digit number on front for AmEx.)

Total enclosed \$ _____



Mail or fax completed form with payment to
California Society of Addiction Medicine
575 Market Street, Suite 2125
San Francisco, CA 94105
phone: 415/764-4855 fax 415/764-4915
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CANCELLATIONS: CANCELLATIONS BEFORE SEPTEMBER 23 ARE SUBJECT TO A \$75 CANCELLATION FEE. NO REFUND FOR CANCELLATIONS SUBMITTED AFTER SEPTEMBER 23. SUBSTITUTIONS MAY BE ARRANGED.



If, due to a disability, you have any special needs, call 415-764-4855 to let us know. We will do our best to accommodate them.

Join ASAM and register at the member rate. For information go to asam.org.

CALIFORNIA SOCIETY OF
ADDICTION MEDICINE



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